

CITY OF ATLANTA, DOLPHINS SWIM TEAM
16TH ANNUAL MARTIN LUTHER KING, JR. HOLIDAY CLASSIC
JANUARY 15-17, 2010

Sanction:	Sanctioned by Georgia Swimming, Inc. Sanction # GA10-12
Computer Filename:	The computer filename is JAN09-CAD. All exchange of computer data should use the same file name.
Host:	The host of this meet is the City of Atlanta Dolphins Swim Team.
Meet Director:	The Meet Director for this meet is: Tommy Jackson – 404-505-3189
Meet Manager:	The Meet Manager for this meet is: Adrian Haywood 404-658-1436
Facility:	Adamsville Natatorium 3201 Martin Luther King, Jr. Drive Atlanta, Ga. 30311 The pool is 50 meters 8 lanes with water depth ranging from five feet at the shallow end to nine feet at the deepest end. It will be divided into 25 yards 8 lanes with a 35 yards 8 lanes warm-down pool. An Omega timing system with an eight lane scoreboard is used. There is ample seating in the bleachers. Parking is also available. The competition course has been certified in accordance with 104.2.2C(4) The pool depth at the start end is 5 feet and 9 feet at the turn end. The copy of such certification is on file with USA Swimming.
Eligibility:	This meet is open to all swimmers registered with United States Swimming, Inc. <u>Non-registered swimmers and teams will not be allowed to participate in the meet.</u>
Entry Information:	Each swimmer may enter up to a maximum of five (5) events per day. Entries exceeding this limit will be scratched without notification and entry fees for entry count limitation scratched will not be refunded. Any swimmer entered on Friday may swim the 400 IM or the 500 Free and will not be able to swim both events. This meet will be limited to the first 400 swimmers entered; however, the meet committee reserves the right to determine the final number of entries. Deck entry fees must be paid prior to the closing of the clerk of course. Deck entry swimmers who are not in the meet are required to show proof of USA Swimming Athlete registration card at the clerk of course in order to enter. Clerk of course will provide a heat and lane for any deck entry swimmer. Deck entries will be accepted for empty lanes only. No new heats will be created to accept deck entries. All deck entries

will be entered as "No Time". **The 11-12 boys will swim in AM Session and 11-12 girls will swim PM Session.**

Format:

All events will be conducted as pre-seeded timed finals, except for the 400 IM. And the 500 and 1650 free. These events will be deck seeded timed finals, swimming fastest to slowest. Positive check-in with the clerk of course for those events is required. The 400 IM and the Open 500 and 1650 Free will be limited to the fastest 6 heats of girls and the fastest 6 heats of boys regardless of age. Any swimmers competing in the 500 and 1650 Free must provide their own counter. City of Atlanta Dolphins will provide the timers for the 400 IM, 500 and 1650 Free.

Entry Fees:

Swimmer Surcharge: \$2.00 (Out of state swimmers only)

Individual events: **\$3.50 per event**
Individual late entries: **\$6.00 per event**
Relays: **\$6.00 each relay**
Late relay entries: **\$12.00 each relays**

No refunds for or credits will be given for events entered but not swam. All fees must accompany entries.

Please include a check with your entries. Make checks payable to the City of Atlanta Dolphins Swim Team (CAD Swim Team).

Entry Deadline:

All entries must be received on or before **Friday, January 8, 2010**. Late or incomplete entries will not be processed. Entry times must be in SCY (short course yards). Hard copy of meet entry report must include full name of team, and, for each swimmer, first and last names, age as of the first day of the meet, gender, USA Swimming identification numbers, events entered, and entry time for each.

Please mail the entry disk, copy of entries, summary sheet and check to:

Tommy Jackson
Adamsville Natatorium
3201 Martin Luther King Jr. Drive
Atlanta, Ga. 30311

Make checks payable to: City of Atlanta
E-mail entries to Tommy Jackson: jack9687@bellsouth.net

Safety:

The safety marshal for the entire duration of the meet will be Charles Canady.

Officials:

The Referee of the meet will be James R. Terry. You may contact him at **404-658-7330**. The host team welcomes and encourages the assistance of certified officials from visiting teams.

Meet Rules:

The current USA Swimming rulebook will Govern the conduct of this meet unless otherwise stated herein. **All officials must wear current USA card while on deck and present their LSC Official certification card at check-in.** Coaches must present, upon check-in, a current USA coaches certification card. Membership's applications will not be taken at

this meet and City of Atlanta Dolphins Swim Team will **NOT** PERMIT unregistered Swimmers to participate in this meet in any manner. Swimmers are responsible for swimming in their assigned heat and lane. Dive over starts may be used during the conduction of the meet

Time Standards:

There are no qualifying standards for this meet.

Scratch Rule:

The Georgia Scratch Rule (adopted 09/26/06) will be in effect.

Warm-up:

The warm-up procedures, as developed by Ga. Swimming, Inc. and approved by USAS, will be strictly enforced. Warm-up times and lane assignments will be posted at the Pool and each team will be required to furnish a USAS- Certified Coach to monitor their warm-ups. Continuous Warm-ups and cool-downs are permitted in the 25-yards Pool as long as swimmers are supervised.

Awards:

Team trophies for 1st -4th. Individual high point will be awarded to the top three males and females of each age group. Individual events ribbons will be awarded to 1st – 10th place and relays 1st – 3rd.

Scoring:

Scoring will be calculated as follows:
9-7-6-5-4-3-2-1 for individual events. Double points for relays. Team points will be awarded to the top 8 places in each age group.

Meeting:

Friday:

Officials : 4:30-4:45 pm

Coaches: 5:00 -5:10 pm

Saturday:

Officials : 7:30-7:45 am 12:45-1:00 pm

Coaches: 8:00- 8:10 am 1:00-1:15 pm

Sunday:

Officials: 7:30-7:45 am 12:45-1:00 pm

Coaches: 8:00- 8:10 am 1:00-1:15 pm

Liability:

The City of Atlanta Department of Recreation and Aquatics Office, The City of Atlanta Dolphins Swim Team, Georgia Swimming, Inc. and USA Swimming, Inc., shall be free from any liabilities or claims for damage of any kind arising by reason of injury to anyone or property during the conduct of this meet or during the travel to and from the meet.

Results:

Results from the meet will be posted at
<http://www.swimcad.com>.

Concession:

The usual snacks and refreshments will be available at the concession stand.

Order of Events
Friday, January 15, 2010
Warm-up 4:00 pm - 5:00 p.m.
Meet Starts 5:15 p.m.

Girls Event #	Evening Session	Event	Boys Event #
1	OPEN	400 IM	2
3	OPEN	50 Freestyle	4
5	OPEN	200 IM	6
7	OPEN	500 Freestyle	8

Order of Events Saturday Morning
January 16, 2010
Warm-up 7:00- 8:00 a.m.
Meet Starts 8:15 a.m.

Girls Event #	Age Group	Event	Boys Event #
9	9-10	100 Freestyle	10
	11-12	100 Freestyle	12
13	8 & UN	50 Freestyle	14
15	9-10	50 Back	16
	11-12	50 Back	18
19	8 & UN	25 Back	20
21	9-10	100 Breast	22
	11-12	100 Breast	24
25	8 & UN	50 Breast	26
27	9-10	50 Fly	28
	11-12	50 Fly	30
31	8 & UN	25 Fly	32
33	9-10	100 IM	34
35	8 & UN	100 IM	36
	11-12	100 IM	38
39	8 & UN	100 MEDLEY RELAY	40
41	9-10	200 MEDLEY RELAY	42
	11-12	200 MEDLEY RELAY	44

Order of Events Saturday Afternoon
January 16, 2010
Warm-up 12:45- 1:45 p.m.
Meet Starts 2:00 p.m.

Girls Event #	Age Group	Event	Boys Event #
11	11-12	100 Freestyle	
45	13-14	200 Freestyle	46
47	OPEN	200 Freestyle	48
17	11-12	50 Back	
49	13-14	100 Back	50
51	OPEN	100 Back	52
23	11-12	100 Breast	
53	13-14	200 Breast	54
55	OPEN	200 Breast	56
29	11-12	50 Fly	
57	13-14	100 Fly	58
59	OPEN	100 Fly	60
37	11-12	100 IM	
61	OPEN	50 BREAST	62
63	13-14	200 MEDELY RELAY	64
65	OPEN	200 MEDELY RELAY	66
43	11-12	200 MEDELY RELAY	
67	OPEN	1650 Free	

**Order of Events Sunday Morning
January 17, 2010
Warm-up 7:00- 8:00 a.m.
Meet Starts 8:15 a.m.**

Girls Event #	Age Group	Event	Boys Event #
69	8 & UN	50 FLY	70
71	9-10	100 FLY	72
	11-12	100 FLY	74
75	8 & UN	25 FREESTYLE	76
77	9-10	50 FREESTYLE	78
	11-12	50 FREESTYLE	80
81	8 & UN	50 BACK	82
83	9-10	100 BACK	84
	11-12	100 BACK	86
87	8 & UN	25 BREAST	88
89	9-10	50 BREAST	90
	11-12	50 BREAST	92
93	8 & UN	100 FREESTYLE	94
95	9-10	200 FREESTYLE	96
	11-12	200 FREESTYLE	98
99	8&UN	100 FREE RELAY	100
101	9-10	200 FREE RELAY	102
	11-12	200 FREE RELAY	104

**Order of Events Sunday Afternoon
January 17, 2010
Warm-up 1:00 pm – 2: 00 p.m.
Meet Starts 2:15- p.m.**

Girls Event #	Age Group	Event	Boys Event #
105	OPEN	200 Fly	106
107	13-14	200 Fly	108
73	11-12	100 FLY	
109	OPEN	200 BACK	110
111	13-14	200 BACK	112
85	11-12	100 BACK	
113	OPEN	100 BREAST	114
115	13-14	100 BREAST	116
91	11-12	50 BREAST	
117	OPEN	100 FREE	118
119	13-14	100 FREE	120
97	11-12	200 FREE	
121	OPEN	50 BACK	122
123	OPEN	50 FLY	124
125	OPEN	200 FREE RELAY	126
127	13-14	200 FREE RELAY	128
103	11-12	200 FREE RELAY	
	OPEN	1650 FREE	68

**City of Atlanta Dolphins Swim Team
16th Martin Luther King, Jr. Holiday Classic
January 15-17, 2010**

Entry Summary

Team _____ Team abbreviation _____

Team Address _____

City _____ State _____ Zip _____

Phone _____ Home _____ E-mail _____

ALL COACHES FROM YOUR TEAM, PRESENT AT THE MEET, MUST BE LISTED

Coach _____ Coach _____

Coach _____ Coach _____

Coach _____ Coach _____

Total individuals events	_____	x \$3.50 =	_____
Total Relay Events	_____	x \$ 6.00=	_____
Total number swimmers surcharge (None-Georgia swimmers only)	_____	x \$ 2.00=	_____

Total fees submitted _____

Make check payable to: City of Atlanta Dolphins Swim Team.

Entries must be received on or before January 8, 2010 Mail entries to:

Tommy Jackson
Adamsville Natatorium
3201 Martin Luther King Jr. Drive
Atlanta, Georgia 30311
E-mail entries to jack9687@bellsouth.net Tommy Jackson

WAVIER, ACKNOWLEDGEMENT AND LIABILITY RELEASE:
Undersigned coach, the team or I representative verify that all of the swimmers and coaches listed on the enclosed entry forms are registered with U.S. SWIMMING. I acknowledge that I am familiar with the safety rules of U.S. Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Georgia Swimming, Inc., U.S. Swimming, City of Atlanta Dolphins and City of Atlanta, its employees and coaches shall be free from any liability or claim for damages rising by reason of injury to anyone during the conduct of the meet.

Signature/Title

**GEORGIA SWIMMING INC.
SCRATCH RULE**

The Scratch Rule used in all meets in Georgia where the meet format has preliminary heats, consolation finals, and finals is the same "Scratch Rule" as that found in the current USA Swimming Rules and Regulations. Certain LSC additions listed below apply to all timed final meets as well.

"D. Scratching from finals:

1. Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.
2. In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the C, B, or A (bonus and consolation final or) final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
3. Where C and B (bonus and consolation) finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the C, B, or A (bonus final, consolation final or) final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
4. If the C or B (bonus and consolation) final has already been contested, the companion final shall be swum without reseeding for the empty lane(s).

E. Exceptions for failure to compete – No penalty shall apply for failure to withdraw or compete in an individual event if:

1. The Referee is notified in the event of illness or injury and accepts the proof thereof.
2. A swimmer qualifying for a C, B or A (bonus or consolation final or) final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.
3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer."

LSC ADDITIONS:

1. Swimmers that qualify for any additional heats beyond the above mentioned "C, B and A" final races will also be subject to the above rules concerning scratching from finals.

2. In deck seeded events, a swimmer who has checked in, been seeded and fails to compete in said event, shall be barred from his or her next individual event, except as noted in section E

above. *This rule also applies in timed finals meets where the meet management has placed limits on the number of heats to be contested or the number of individual entries to be accepted for deck-seeded events, unless otherwise stated in the Meet Information.*

3. There is no scratch rule governing relays and there is no penalty regarding relay scratches.

4. *Qualifiers for all finals heats* and first and second alternates are *those as* identified on the original results of the preliminary heat.

5. The meet official designated to receive initial intentions not to compete and final intentions shall be announced at the beginning of each session. It is suggested that this official be the Clerk of Course.

6. On the final day of LSC Championship competition, any swimmer who has checked in for finals and fails to show will be assessed a \$50 fine. This fine must be paid before the next LSC Championship meet in which the swimmer intends to compete or the swimmer will be barred from competition.

7. "Positive check-in" , (for deck seeding), designating a swimmer's intent to swim a race, shall be denoted by the swimmer's or coach's initials next to the swimmer's name on the official entry sheet posted at the Clerk of Course.

HOD

Adopted by the

September 23, 2006